

## Seasonal Events are fun at the LAC+USC Medical Center!



Cristian holds up his Toy Story balloon for us!

CARES Board members helped the Medical Center celebrate Valentine's Day:

♥ Valentine's Day Balloons were donated by CARES member **Christine Rufolo** and provided to **Maria Tomé**, Child Life Specialist, who made sure that every hospitalized child received one. Maria said, "CARES and Child Life share the goal to promote the welfare of pediatric patients and their families." The Child Life Program minimizes psychological trauma associated with hospitalization and enhances the child's ability to cope effectively. CARES enjoys partnering with Child Life at every opportunity.

♥ CARES Board members **Cynthia Berne**, **Agnes Chaney**, **Toby Horn**, **Anita Tsuji**, and **Norma Zagorsky** helped the Medical Center employees enjoy the day by donating their time helping in the Gift Shop and delivering balloons on-site to medical center employees. Most balloons were purchased by fellow co-workers to express their appreciation for "jobs well done!"

CARES Childcare Centers' staff had the children make Valentines♥ and **Morrison's Dining Service** worked with the children to mix and bake cookies.

The DVD about General Hospital produced by PBS as part of the series "Visiting...with **Huell Howser**" is available from CARES for a special price of \$20. Explore the historic General Hospital operating rooms with the elevated observation areas used in the past by student doctors and physicians from all over the world to study ground breaking procedures. Even visit the jail ward! **Dr. Thomas Berne** appears in the DVD as an expert consultant. Copies may not continue to be available because of Huell Howser's passing, so please order your copy from CARES as soon as possible.



LOS ANGELES COUNTY/USC  
MEDICAL CENTER AUXILIARY



1200 N. State St., Room 1900  
Los Angeles, California 90033



## Newsletter



### President's Message

Greetings to CARES Friends,



CARES is excited to tell you that it has recently begun providing apples, oranges and string cheese to the Pediatric Diabetic Clinic.

These wholesome treats are offered at the request of **Janet Peters, PA**, to help teach the children how to make healthier food choices. **Dr. Doris Graves** says the children are surprised and pleased to be offered the real thing after learning about nutrition from pictures of food in their clinic class. Sadly, they often don't have these healthy choices available at home. CARES also supplies activity books, pencils and crayons for the children waiting in the clinic.

Still, so many more tasks need to be accomplished to provide the comfort and the services that are needed by the patients and their families at the LAC+USC Medical Center. Again, I would like to appeal to each and every one of you to come and join the ranks of the dedicated CARES volunteers. Volunteers are needed in the Gift Shops and Treasure Trove Thrift Shop. **Elia Riley**, Patient Relations Volunteer Visitor, asks for warm lap robes for her palliative care patients who constantly feel cold. Even though their cotton blankets are warmed by the nurses, they cool very quickly. Some very specific needs of the CARES operation are additional assistance with computer projects, people with a teaching background or public relations experience. Your involvement may be arranged around your availability. For more information, call (323) 226-6941, the CARES office, or e-mail [mdolinski48@gmail.com](mailto:mdolinski48@gmail.com). On behalf of all the CARES Board members, we invite you to come and experience the joy of helping others.

Watch the mail for your CARES Annual Meeting invitation and join us for lunch and our exciting speaker.

Best Wishes,

**Mindy Halls**

### CARES Celebrates "44 Years of Service"

**Lawrence D. Dorr, M.D., CARES 2013 Annual Meeting Speaker**, is an international leader in the field of joint replacement of the hip and knee. He was recruited by the Keck School of Medicine of USC to expand its clinical expertise and capabilities in areas including joint replacement, sports medicine and spine surgery. His pioneering research has been instrumental in the design of widely used orthopaedic implants, as well as small incisions and the use of robotic surgery for total hip replacement. His humanitarian work has led him to operate in over 25 countries and has earned him many international honors.

Dr. Dorr says that "Physical activity is not only good for our bodies, but also our minds. Today, people want to stay active and engaged as long as they possibly can, and I'm looking forward to being part of a growing team of professionals that can help them achieve that."

Dr. Dorr is the author of the book "Die Once, Live Twice," an epic page-turner bringing to life the drama of scientific discovery and

the extraordinary achievements of modern medicine from its early days. It tells the story of the miracle workers who changed the face of medical care forever.

He is founding editor of the *Journal of Arthroplasty*, former editor-in-chief of *Techniques in Orthopaedics*, founder and past president of the *Knee Society* and the *American Association of Hip and Knee Surgeons*, past president of the *Hip Society*, and the list continues.

He received his medical degree from the University of Iowa Carver College of Medicine and completed his fellowship training in orthopaedics/arthritis surgery at the Hospital for Special Surgery in New York. After completing his residency at LAC+USC Medical Center, he served in the U.S. Navy as a lieutenant commander in the Medical Corps at Camp Pendleton, CA, and Jacksonville, Fla. He has been certified with the American Board of Orthopaedic Surgeons since 1978.

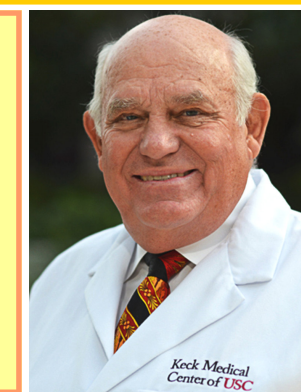
Come meet him on May 1st at the CARES Annual Awards Program.

### CARES Awards Meeting & Luncheon

Wednesday, May 1, 2013, 10:00 a.m.  
The Valley Hunt Club

**Lawrence D. Dorr, M.D.**  
Clinical Professor of Orthopedic Surgery  
Keck School of Medicine of USC

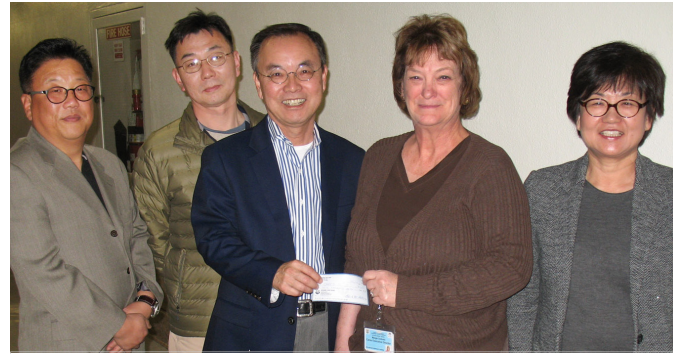
Author of "Die Once, Live Twice"





# CARES Forms Partnerships to Provide Services

CARES forms partnerships with local agencies and community individuals to provide additional comforts and services to the patients. Listed below are only a few of those partnerships. Do you know a group or an individual who may have an interest in partnering with CARES to assist the patients and the families who receive medical services at the LAC+USC Medical Center?



Bernard An, Austin Cho, Paul Kim (President of St. Lazarus Village), Margie Dolinski (CARES Exec. Dir.), Theresa Kim

Representatives from **St. Lazarus Village**, a non-profit organization benefiting Hansen's disease patients in the US, Latin America and Africa, recently visited with the Executive Director of CARES. They partnered with CARES in 2011 to provide funding that can be used to add comfort and services to the patients at the Medical Center. Through their contributions, Hansen's Disease patients have received cash for transportation to the Hansen's Clinic for medical treatment. The patients have also received assistance with housing, food, utilities, specialized foot wear not available through healthcare resources, as well as an assortment of other needs. This most generous organization works world wide to help patients wherever they are needed. **Helen Mora, RN** and **Robert Jerskey, OTR/O**, are the clinicians on site who make the referrals to CARES. **Dr. Thomas Rea**, husband of **Mary Rea** (a long time CARES Board member), has a lifetime commitment to these patients. CARES is always pleased to make new friends within the community in order to develop different resources to improve the patient experience and benefit the LAC+USC Medical Center.

**Handcrafted items are welcome gifts!** Recently, CARES Board Member, **Toby Horn**, referred CARES to Belmont Retirement Home where **Ayesha Dixon**, Activity Program Director, is interested in creating new ways in which the residents can provide community service. Since our patients enjoy lovely items such as lap blankets and baby booties, sweaters and caps for the newborns, this



Baby Mia poses in her new knitted finery!

partnership seemed a perfect match. If you like to knit, crochet or sew for a hobby, please consider donating your finished items to the LAC+USC patients. Board members **Marita Robb** and **Yvonne Biller** donate frequently. A handcrafted gift of warmth and beauty is a wonderful comfort for a hospitalized patient.

**Maryann Kristan**, Founder and Volunteer of the "**Pediatric Reading Program**" and her team of volunteers continue to read to the pediatric patients and stock children's books in book shelves for patients waiting in clinics. Donations of new books and gently used books have come from many individuals and local CARES partners including CNA Insurance Company, Target, Seafarers Club of the La Cañada Presbyterian Church (**Kay Fife**, CARES Member), National Charity League, Children's Book World, Playa Sunrise Rotary Club (connection made by **Kathrine Russell**), LAC+USC Medical Staff, Bookends, Boy & Girl Scouts, and Yerba Buena Elementary School.

The **National Charity League San Marino**, a mother/daughter organization, have partnered with CARES and the Volunteer Services for over thirty years. They donate funding to purchase gifts for the families of the Medical Center and many of the individual members donate much more. The mothers and daughters come on grounds and provide hours of labor, an act of love and kindness to provide appropriate gifts for the children, food gift certificates and other items such as blankets. **USC's Town and Gown** group have donated to the Holiday Charity program as well. Thousands of gifts and funds have been donated by their individual members. Many of CARES Board members are also members of Town and Gown. CARES Board member **Yvonne Biller** has been especially helpful in this partnership.

The **First City Credit Union** and the Public Relations Fund have both assisted in the donation of carseats for newborn infants at the Medical Center. New infant carseats are always needed.

The **LAC+USC Medical Center Arts Council** partners with CARES to display art throughout the Medical Center, the purpose of which is to create an inspiring environment and distract patients from their illness -- enhancing healing through art. Its most recent undertaking is to install a projector in the Clinic Tower lobby that will project serene, entrancing images onto a wall traversing the entire space, making waits more endurable and less tedious. Four CARES Board members are members of the Council: **Anna Bresnahan**, **Martha Galaif**, **Toby Horn**, and **Weta Mathies**.

**Thank You Partners!!**

# Valentine Mail Appeal

Heartfelt thanks to the following generous supporters who have donated through 3/15/13:



**Lester T. Hibbard, M.D.**  
"Thank you for your most generous donation to CARES"

(\$1300)

**Bonnie Borchardt**

(\$1000)

**Dr. James J. and Sue Femino**

(\$700)

**Martha A. Galaif**

(\$500)

**Dr. Howard Belzberg**

**Vicki Carlson**

**Harriette Hirsch** Paul Hirsch, MD JD

**Weta and Allen Mathies**

**Dr. Jorge Mestman** Florence Mestman

**Drs. Victor and Alexandra Levine**

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(\$40-\$60)

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**Marlene Pendleton**

(\$250-\$400)

**Cynthia and Tom Berne**

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**Agnes J. Chaney**

**Arthur Donovan, M.D.**

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**Mindy & Jim Halls**

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**Toby Horn & Harold J. Tomin** \*Martha Galaif & Carol Nidorf

**Anita J. Leedom**

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**Dr. Donald W. Petit**

**Adelina Sorkin** \*Martha Galaif

**Anita Tsuji**

(\$200-\$225)

**Anonymous**

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**Dr. Robert and Joselyn Penny**

(\$150-\$190)

**Elizabeth Baca**

**Dr. and Mrs. Donald Feinstein**

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**Sheila Lynn** \*Nancy Castillo

**Mildred Milgrom, M.D.**

**Mrs. Fotine D. O'Connor**

**Dr. Shabudin Rahimtoola**

**Doris and Hervey Segall**

**Rosemary Simmons**

**Elizabeth Woodard**

(\$75-\$120)

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**Dr. John & Colleen Donovan** Jatie Donovan

This symbol next to donor indicates donations made in memory of special persons. An \* indicates donations made "in honor of."

An envelope is enclosed for your convenience if you would still like to donate to the CARES Valentine Mail Appeal. **Thank You!**

**Dr. and Mrs. Bernard Portnoy**

**Melvin Sheftel**

**Katherine Sargent**

**Dr. and Mrs. Gordon Sasaki**

**Maria Tomé**

**Sara Valdez**

**Rita Vitranga** \*Jan

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**Dr. Dennis-Duke Yamashita**

**Helen Zachario**

(\$25-\$35)

**Elaine Elizalde**

**Rose Marie Irwin**

**Ms. Lois Tower Klair**

**Christine Rufolo**

**David Runke**

**Sheridan E. Smith, RN**

"Thank you to all who donate to CARES through the Charitable Giving Campaign":

**Rosa M. Aguirre**

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