



# Newsletter



## President's Message



Dear Friends of CARES,

We have had the wettest and rainiest winter that I can remember and I was born in Burbank a long time ago. As much as I love the seasons and rain showers, very quickly I was missing the sun. The good news is that we can now enjoy the joys of spring.

This year we celebrate the 50th Anniversary of the founding of CARES. We are so proud of what CARES has been able to provide to the patients and their families at the LAC+USC Medical Center by adding comfort to their hospital stay and providing services which help them access quality healthcare.

It was a groundbreaking move when CARES first started the Child Life Program in Women's & Children's Hospital in 1979. Fast forward to the present: **María Elena Tomé**, our Annual Meeting speaker, has developed the program into something very special. By genuinely embracing CARES' mission to assist patients, she is a true example of "CARES Star Power!"

We hope to see you at the CARES Annual Meeting to help us celebrate CARES' many accomplishments.

Best wishes,

*Mindy Halls* President



**María Tomé**, the recipient of CARES Special Service Award in 2015, performs "magic" every day as she prepares children for hospital procedures through play and dialogue, helping them understand what they will experience and allaying their anxiety and fear. Working closely with doctors, nurses and various hospital teams from Pediatrics, the burn unit, radiology, oncology and the ER, she provides developmental and psychological assessments. In bereavement interventions, María works with dying children as well as with children who are losing a parent or sibling. She is a miracle worker for the entire family - artfully assists terminal patients in creating wonderful memories to help all to cope with loss and grief, and uses her empathy and compassion to explain why "Mom or Dad or a loved one isn't coming home." She receives help from CARES to have the necessary tools (medical play table, dramatic play kitchen set, etc.) to interact with, comfort, and evaluate the children. She knows that a child's health and well-being depend not only on medical attention but on attention to the "whole child."

**Guest Speaker: María Tomé**

Certified Child Life Specialist  
LAC+USC Medical Center

*"Supporting the Hospitalized Child"*



**María** demonstrates how the Teddy Bear Clinic helps children become more comfortable with the medical environment by taking their teddy through a series of pretend medical experiences that are common in clinic and hospital visits.

## CARES Annual Meeting & Awards Luncheon

Wednesday, April 24, 2019, 9:45 am

The Valley Hunt Club, 520 S. Orange Grove Blvd., Pasadena

**50th Anniversary Presentation of CARES Past Services**

***"The History of CARING"***

## Jagruti Shukla, M.D., M.P.H., Director of Primary Care

CARES 2019 Woman of the Year in Medicine



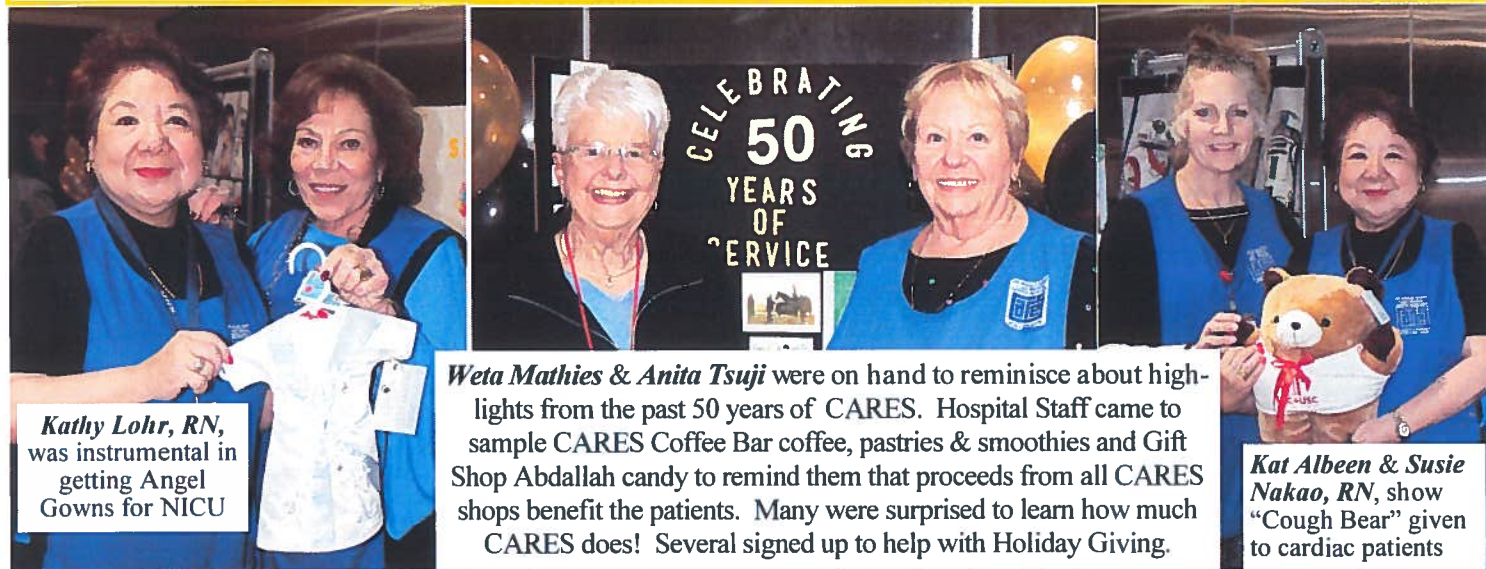
**Dr. Shukla** will be honored at the CARES Annual Meeting for her untiring work overseeing 10 Primary Care Clinics. Board Certified in Family Medicine, she Chairs, Co-Chairs and Leads 10 Work Groups and Teams. By the time she graduated from UCLA with a BS in both Kinesiology and Psychobiology in 1993, she had already co-founded the "Sexual Health Radio Program" and begun Community Service at the St. Joseph Center for Homeless and the Sojourn Shelter for Battered Women & Children. After receiving her M.D. from UC Irvine, she received her Master of Public Health in International Health from Harvard. A recipient of numerous honors and awards, she has collaborated on many projects to improve patient care, internationally in Mexico, South Africa, Cuba and Honduras, and within the United States from Boston to California. She is a "Wellness Champion" who has definitely made a difference!



50  
Years

# CARES Open House March 11, 2019

Celebrating 50 Years of Service  
to the Patients of LAC+USC Medical Center



**Kathy Lohr, RN,** was instrumental in getting Angel Gowns for NICU

**Weta Mathies & Anita Tsuji** were on hand to reminisce about highlights from the past 50 years of CARES. Hospital Staff came to sample CARES Coffee Bar coffee, pastries & smoothies and Gift Shop Abdallah candy to remind them that proceeds from all CARES shops benefit the patients. Many were surprised to learn how much CARES does! Several signed up to help with Holiday Giving.

**Kat Albeen & Susie Nakao, RN,** show "Cough Bear" given to cardiac patients



**Toby Horn,** Music Program Founder & Director, demonstrated healing music performed by volunteer musicians that comforts and lifts the spirits of staff, patients and visitors.

Pediatric Reading Program & Lending Library

**Maryann Kristan,** Founder



Alphabetical Order:

- Laurel Lee Anderson** Dr. Richard E. Anderson
- Dr. Maria D. Appleman** Aida Duarte
- Dr. John Freedom Dr. Tom Berne
- Raquel D. Arias, M.D.**
- Gwen & Guilford Babcock**
- Elizabeth Baca** \*Agnes Chaney
- Cynthia Berne** \*CARES Office Staff
- Mary E. Blair** \*Margie Dolinski
- Bonnie Borchardt** Betty Ann Hibbard
- Mary & Dr. Jay John Brown**
- Vicki Carlson** Anita Freedom
- Nancy & Joel Castillo** Clara Haines
- Toni Dolinski
- Kenneth & Linda Chan**
- Mary & Dr. Stebbins Chandor**
- \*Mindy & Jim Halls
- Agnes Chaney** Clara Haines
- College Women's Club of Pasadena** \*Dr. Alexandra Levine
- Jackie & Dr. Donald Feinstein**
- \*Mindy Halls
- Fang Fang Ho**
- Kay Fife** Dr. Tom Berne Mary Ellen & Dr. John Mohler
- Scott Godfrey**
- Col. David Hancock**
- Margaret Hatfield**
- Ann C. Hayman** \*Toby Horn

Thank you to the following generous donors to CARES' Programs from 1/23/19—3/29/19:

- Special Recognitio*
- \$40,000: **Faculty Medical Group, Inc.**
  - \$20,000: **Anonymous**
  - \$2,000: **Kuniko Higaki** \*Toby Horn
  - \$1,000: **Dr. Jorge Mestman** Florence Mestman
  - \$1,000: **Dr. Allen Mathies** \*Weta Mathies

- Edythe Hinkston** Horace Hinkston
- Toby Horn & Harold Tomin**
- \*Carol Nidorf/Martha Galaif/ Doris DeHart/Rodanthi Kitridou, M.D.
- Dr. Robert Israel** Dr. Charles Ballard
- \*Dr. Robert Israel
- Denis M. Johnson** Clara Haines
- Mireya Jones**
- Michael Konoske** Toni Dolinski
- Consuelo C. Ledbetter**
- Kathleen S. Lohr, R.N.** Aakoa Lohr \*Toby Horn
- Sheila Ann Lynn** \*Nancy Castillo
- Edward Martinez** Clara Haines
- Linda Massey**
- Sarah McKinney**
- Margaret Morales** \*Mindy Halls
- Gerald & Ruth Munoz**
- Susie Nakao, R.N.** \*Richard Brock
- Carol Salva Nidorf** Clara Haines \*Toby Horn
- Thomas Niemerow**
- Dr. Michael Patzakis**
- Marlene & Ted Pendleton**
- \*Nancy Castillo
- Roslyn Portnoy** Dr. Bernard Portnoy

- Lois Ramer, R.N., N.P.**
- Anne P. Randolph**
- Christine Rufolo** Helen Bufolo
- David S. Runke**
- Joseph Schlottman**
- Doris & Dr. Hervey Segall**
- \*Mindy & Jim Halls
- Ellis Seligman** Darlene Seligman
- Howard Silberman** Dr. Tom Berne
- Kerry Stakem** Clara Haines
- George B. Stoneman, M.D.**
- Annie Ternate, R.N.**
- Rita Vtringa**
- Patty B. Wong**
- Chiuying & Dr. Paul Wu**

An envelope is enclosed for your convenience if you would like to make a donation. Also enclosed is a **Tribute Card** if you would like to honor someone who has been instrumental in promoting or improving services for patients during the last fifty years.

This heart next to donor indicates donations made in memory of special persons.  
An \* indicates donations made "in honor of."  
🎵 CARES Music Program  
★ Patient Crises Fund

## Two Amazing Donations Arrive for Pediatric Reading Program & Lending Library!

In late December 2018, **Sally Garcia** from Chief Executive Office, Risk Management Branch, called CARES to inquire about donating books to the Pediatric Reading Program. She shared that she and her co-workers do an annual book drive and select a group to donate the books to. Their book drive was held from January 1st to February 28th. The books were picked up on March 14th by **Maryann Kristan**, and **Nissim Leon**, CARES Chief of Operations. There was a total of 10 boxes filled with both brand new and gently used books. "Thank you!"



**Richard Jimenez, Sally Garcia, Maryann, Nissim, and Estella Prendez**

On Thursday, February 28<sup>th</sup>, members of the San Marino Rotary Club (Rotary Readers Program) delivered \$600 worth of brand new scholastic books to the Pediatric Reading Program. 9-year-old **Andrew** was thrilled to be given the opportunity to not only open up the Scholastic boxes but also to select two books for himself and one for his younger brother. After all the books were unpacked, **Ariana** sat with Andrew and introduced him to "Where's Waldo." Together they sat and searched for Waldo on every page of the book!



**Ariana Basseri, Linda Millman** (Pediatric Reading Program Volunteer), **Bill Bonner, Adam Chang & Grace Yang** with **Maryann**





*Please be sure to return your RSVP for the CARES Annual Meeting by April 17th.*

Serving Patients of the LAC+USC Medical Center since 1969

You will have a chance to make bids for the Silent Auction at the event (photos are also inserted in your annual meeting invitation), but if you would like to preview the items to bid in advance, go to:

<https://www.32auctions.com/2019Quilt>

**Any Tributes and Messages received by then will be printed in the Annual Meeting program**


**Special 50th Anniversary Tribute Messages:**

- To **Richard Brock**: Enriching so many lives through music! (from Susie Nakao, RN)
- To **Mindy Halls**: Thank you to you and Jim for all your many years of dedication to USC/LA County Hospital (from Doris & Hervey Segall)
- To **Toby Horn**: Thank you for developing and implementing the wonderful musical program at LAC/USC Medical Center (from Ann Hayman)
- To **Dr. Robert Israel**: 1969-2019
- To **Weta Mathies**: As a founder member your dedicated service throughout the years has been extraordinary (from Dr. Allen Mathies)
- To **CARES Office Staff** (Margie, Maritza, Marisela, Vivian, Karla, Nancy): Could not accomplish all this without you (from Cynthia Berne)

In Memoriam

**Carol Mishell**

(Wife of the late Dr. Daniel Mishell, Jr.,  
OB/GYN Chair, Keck School of Medicine)  
Former President and  
Development Director  
of CARES who was  
instrumental in the building  
of CARES WCH Childcare Center



LOS ANGELES COUNTY/USC  
MEDICAL CENTER AUXILIARY



1200 N. State St., Room 1900  
Los Angeles, California 90033

Website: [lacusccares.org](http://lacusccares.org)