



Newsletter



President's Message

CARES, Celebrating "49 Years of Service"



Dear Friends of CARES,

As we head into the holiday season, California is in the middle of one of the worst disasters in the history of our state. The fires are incomprehensible and shocking. My heart and prayers go out to all those who have lost family and friends and to those who have lost their homes.

This newsletter tells you about the Holiday Giving Program for our patients and their families. Hundreds of children receive gifts that they would not otherwise receive on Christmas morning. The joy for these families is priceless. There is also a dire need for food gift certificates. Any support you could provide would be greatly appreciated, and remember that all donations, including for our Fall Mail Appeal, are tax deductible.

CARES continues to focus on the needs of our patients. Almost everyday and during the holiday season, you will hear wonderful music throughout the Medical Center provided by many excellent musicians thanks to the dedication of CARES Board member **Toby Horn**. I hope you will have an opportunity to come by to watch and listen. Thanks to all of you who have participated.

You can also read about the Rose Ceremony, a very special and unique ceremony for our patients and their donor families.

Best wishes,
Mindy Halls



CARES Website: lacusccares.org

2018 Holiday Giving to Pediatric Patients and their Siblings and to Children of Adult Patients



The December holidays are rapidly approaching. CARES will be assisting patients and their families with the additional support that the Medical Center cannot provide. We are reaching out to ask you for help to bring holiday cheer to our patients' families. Many of the families who have received help in the past have shared with the CARES volunteers how receiving gifts and food during the holidays restored their strength and helped them get through an otherwise difficult time in their lives.

Many health situations exhaust all financial resources: a family member suffering from a catastrophic illness or serious injury requires months or even years to recover, the major provider for the family becomes unable to work, or a child who is ill needs home care. The challenges faced are overwhelming. Under such circumstances, covering basic necessities must be the priority, thus making it impossible to bring gifts and a holiday celebration to their homes. The help that CARES provides is a real morale booster for the entire family. By lending a helping hand, CARES lets the patient know that 'someone does care about them.' All of their problems are not solved, however, by providing them with toys, gifts, and food gift certificates, hope for better times ahead is restored.



Volunteers from National Charity League of San Marino help patients' children with gifts

All donations to this campaign go directly to help those in need. Share what you can. If you know anyone or an organization that might want to be involved in a holiday charity program, please refer them to us.

Monetary contributions may be made payable to "CARES" with "Holiday Giving" written on the check, or by credit card. Access the CARES website at lacusccares.org to make a donation through PayPal. Many patients prefer food gift cards from Superior Markets or Ralph's (which may also be used at Food 4 Less). If you want to collect toys and gifts, please think of children over twelve (movie coupons or gifts of sporting equipment). We can be reached at 323-409-6941 or 409-5173 or by email at ktorres@dhs.lacounty.gov.

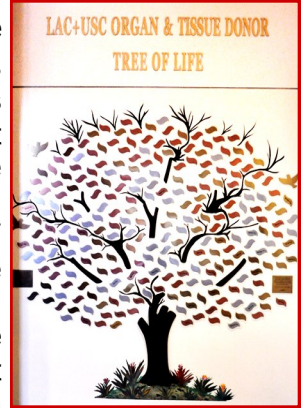
Help us be an advocate to bring a special holiday to those who need it most. Thank you!



Rose Dedication Ceremony, October 27, 2018: The Names of Organ and Tissue Donors are added to The “Tree of Life”



The Leaves of the “*Tree of Life*” engraved with the names of those who have given the gift of life to others through organ and tissue donations were unveiled. This memorial “Tree” is displayed on the wall of the Inpatient Tower Lobby as a gift to the Donors from CARES, the LAC+USC Arts Council and OneLegacy.



Toby Horn, Christine Rufolo, CARES Board of Directors, and **Maritza Morales**, CARES Executive Director, helped welcome the guests. “The dignity and respect that go into the planning and execution of the Rose Ceremony are humbling. Staff take the import of this event very seriously, and the detail and beauty of the afternoon are a guaranteed success. To have medical and nursing staff put their arms around donors’ family members to thank them and for the families to take pride in their life giving generosity to other individuals is a lesson about the best that humanity has to offer.” **Toby Horn**

“Homeless Showers: Hope & Forever Healing” The LAC+USC family has partnered with local community agencies to offer healing in a different way, through a fresh and clean shower. Showers will be offered once per week from September 7th to December 7th. CARES helps by providing clean clothing. To date, 427 community members have registered for showers (203 are LAC+USC Medical Center patients). Participants needing housing will be connected with the Housing for Health Program. The County Public Defender’s Office takes applications for the Criminal Justice Clearing Project which evaluates and removes minor offenses from a person’s record that can inhibit them from gaining employment. Hepatitis A and flu vaccines are provided. Community based events are not the traditional way that hospitals deliver care, but research has shown that extending services and benefits outside the customary walls can be invaluable to patients and community members.



The Music Program continues to Cheer, Delight, and Soothe Patients, Visitors and Medical Center Staff



Ruth Young

Photo by LAC+USC Medical Photography

Ruth Young, classical pianist, retired from Health Services Administration, has been performing in the Medical Center almost every Thursday morning. She is constantly touched by the feedback she receives from healthcare providers, patients and visitors about how the music takes away their stress and makes them feel better. Ruth said, “A young patient boy came to me last Thursday to thank me. He said my song touched his heart and that made him cry! Many adults often come and tell me how much they enjoyed the music, but for a boy to say - it was very special.” ★



“Vocalists and guitar accompaniment from the **USC Thornton School of Music** organized by **Rina Ritivolu**, shared their musical gifts in the Emergency Department waiting room and the Oncology/Hematology ward. Their music was warmly and emotionally welcomed by patients and staff alike.”

Toby Horn, Music Program Founder and Director

HEROES enter through these doors!

↑ EMERGENCY



“True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.”

Arthur Ashe, Tennis Champion

In alphabetical order:

- Laurel Lee Anderson Dr. Richard Anderson
- Anonymous
- Dr. Maria D. Appleman Mrs. Aida Duarte, Dr. Tom Berne, Dr. John Leedom, Carol Salminen
- Audrey Bahr
- Dr. A. Majid Bayat
- Dr. Paul Beigelman Dean Franz Bauer
- Cynthia Berne Dr. Tom Berne, *The Trauma Team
- Yvonne Biller
- Bonnie Borchardt
- Mary Brow
- Dr. & Mrs. Jay Brown
- Linda Cantwell
- Vicki Carlson
- Joel, Nancy, Zara Castillo Lucy Keeney, Raquel A. Riffel
- Grace Chacon *Peds Reading Program
- Agnes Chaney Lucy Keeney
- Dolores Donati Liddy Dye, RN
- Arthur Donovan, M.D. Jane Donovan
- David Dow & Dr. Nancy Edwards Carol Salminen
- Fraternal Order of Eagles
- Emma Farmer *Clothing & Shoes for Patients
- Gloria Farmer
- Amy Galaudet
- Andrew Gero Jack Bethune, MD
- Maria S. Gero *Peds ER
- Sally C. Goldstein
- Eunice E. Goodan

Thank you to the following generous “Heroes” who have donated between 5/18/18 and 11/20/18:

Special Recognition

- \$5000: Kuniko Higaki *Toby Horn
- \$2000: National Charity League
- \$1000: Rodanthe Kitridou, M.D.
- \$1000: Doris Wong DeHart Jeffrey DeHart
- \$1000: Doris Wong DeHart Jeffrey DeHart
- \$1000: Self-Realization Fellowship
- \$1000: Oscar Ternate *Nurse Recognition Fund
- \$1000: Barbara Weitekamp William Weitekamp

This heart next to donor indicates donations made in memory of special persons. An * indicates donations made “in honor of.”

- CARES Music Program
- Patient Crises Fund
- Holiday Giving Program

- Fidelia Gutierrez
- Mindy & Jim Halls
- Ann C. Hayman Hanna & Gerald O. Hayman
- Cynthia Ann Hibbard
- Janis Holody Lester Hibbard, MD
- Roger & Renee Holt
- Yoshi & May Honkawa
- Toby Horn *Harold Tomin, Margo O’Connell, Lucy Keeney

- Dr. & Mrs. Joseph Indenbaum
- Drs. Jennifer & Robert Israel Dr. Val Davajan, Dr. Daniel Mishell, Jr.
- Mireya Jones
- Harvey Kern
- Sherrill Kushner *Toby Horn
- Dr. Eric Leibovitch
- Arnold & Corinne Lieberman
- Kathleen S. Lohr Aaron Lohr
- Sheila Ann Lynn Jack Bethune, MD, *Margie Dolinski, Nancy Castillo

- Consuelo Martinez Yvonne Marie Diaz
- Edward Martinez
- Weta & Allen Mathies
- Dr. Stephen Matthews
- Sarah McKinney
- Mildred Milgrom, M.D. Dr. Albert Yellin, Dr. Tom Berne for Trauma Survivors Reunion

- Gerald & Ruth Munoz
- Susie Nakao, R.N. John Nicoloff, MD
- Sixta Navarrete
- Joanne Nichols
- Carol Salva Nidorf *Toby Horn
- Dr. Charles Patterson Stephanie Patterson
- Paypal Giving Fund *Baby Carseats
- Lois Ramer
- Christine Rufolo Helen Rufolo
- Sandra Salazar
- Kathryn Sample Dr. Stephen Sample
- Karen Long Santos *Vicki Horgun
- Dr. & Mrs. Gordon Sasaki

- Beverly & Bill Schwartz *Toby Horn
- Dr. Ellis Seligman Darlene Seligman
- Uma Shrivastava
- Dr. Howard Silberman Dr. Tom Berne
- Rosemary Simmons *Anita Tsuji
- Sheridan Smith
- Maria Tomé
- Anita Tsuji
- Sara Valdez
- Vickie Chavez
- Ruberta Weaver
- Judith Weiner Dr. Tom Berne
- Grace Wong
- Dr. & Mrs. Paul Wu *Peds ER
- Mona Ysabal
- Norma Zagorsky
- Barbara Zaias
- Gloria Zappaterreno, Ph.D.

“Thank you to all who donate to CARES through the Charitable Giving Campaign”:

- Rosa M. Aguirre
- Adelina D. Contreras
- Carol J. Dawson
- Leticia C. Delfin
- Terence McNeal
- José Mendoza
- Isabel Milan
- Lannie D. Nunez
- Mary A. Robinson
- Annie Ternate
- Ron Vasquez, R.N.
- Louis T. White

An envelope is enclosed for your convenience for donations to CARES.

Thank You!



John E. Bethune, M.D.
1927-2018

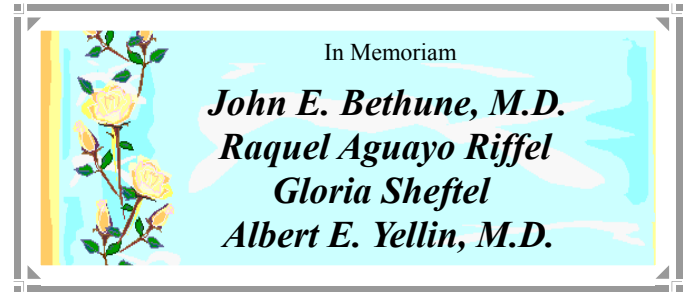
John E. Bethune, M.D., known to all as "Jack," was the Chairman of the Department of Medicine at USC and Chief of Medicine at LAC+USC Medical Center from 1972 until 1988. He was born and raised in Berwick, Nova Scotia. A year after graduating with a BA and BSc in Chemistry from Acadia University, he married Margaret Bickerton of Berwick. Margaret

more than 60 clinical publications.

An expert carpenter, Jack began construction on his retirement home on Lummi Island, Washington. In 1989, he retired from USC and moved to his completed home with Margaret. In retirement, Jack became an avid boater and had the chance to devote more time to his lifelong love of photography. Inspired by his mother, a prominent amateur photographer in Canada, he shot, developed, and printed his own large-format images, and studied with professionals such as Ansel Adams.

served as the CARES Gift Shop Chairperson in General Hospital for many years.

After graduating from Dalhousie Medical School (Halifax, Nova Scotia), and residency at the Royal Victoria Hospital in Montreal, Jack took a two-year research fellowship at [Harvard University](#) followed by a one-year fellowship at University College Hospital Medical School in London. He then served on the faculty of Dalhousie Medical School until 1961, when he accepted a position at the University of Southern California School of Medicine. He and his family moved from Halifax to La Cañada, California. While on the USC faculty, he continued his prolific research in his specialty of endocrinology, authoring or co-authoring



Dr. Robert Israel established the annual **Val Davajan Memorial Lecture** in 1994. He tells us, "The 26th will be held in January 2019! To get the OB/GYN Department off to a good start, we always have the lecture on the 1st or 2nd Friday of a new calendar year!"

LOS ANGELES COUNTY/USC
MEDICAL CENTER AUXILIARY



1200 N. State St., Room 1900
Los Angeles, California 90033